

COMING APRIL, 2020!!!

PRIME COMPANY DRIVER WELLNESS PROGRAM

We want to reward Prime company drivers for practicing good health behaviors. Regardless of current health status you can benefit from the program and earn \$\$ in the process!!

1

ENROLLMENT

Get a head start by enrolling early in Feb. 2020 and get extra \$\$!! Get signed up through Trinity Healthcare to have your fasting labs drawn and results consultation.*

2

PARTICIPATE

Participate in and complete activities assigned during your results consultation. Activities will vary from general health, fitness, and nutrition categories, and are subject to change over time.**

3

EARN

Participate in and complete all Dr. prescribed activities and earn up to \$400 per year in insurance reimbursements.

4

EXTRA CREDIT

Want to double your money?! Earn an extra \$400 per year by completing Doctor suggested extra credit activities. Activities will change over time.**

***Company drivers paying second year insurance rates are eligible for program**

****Activities could consist of varying challenges and presentations such as; step challenges, in-truck exercise/recipe education, healthy weight loss strategies, etc.**

To get signed up call Trinity Healthcare

Sign up early starting in February and earn \$\$!!

Phone: (417)-521-3925

Questions?

**Call Trinity Healthcare
(417)-521-3925**